



FRIDAY

February 20, 2026

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.


All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



Assigned Flex Friday, Feb. 20

- Remain in your period 2 class for flex
- Go to the library for flex if you have an off-block in period 2





A public health nurse will be available in the Grand Hall on Friday, February 20, from 12:00 pm to 1:00 pm to address any Immunization-related questions students may have.

HERITAGE WOODS PRESENTS:

THE LIGHTNING THIEF

THE MUSICAL

FEB 26, 27, 28, MAR 6, 7 - 7:30 PM

\$15 ADULTS

\$13 STUDENT/SENIOR

Musical Director

**Hayley
Perkins**

**Director &
Choreographer**

**Julia
MacLean**

Artistic Director

**Shanda
Walters**

604 461 8679

1300 David Avenue

Book by Joe Tracz Music & Lyrics by Rob Rokicki Adapted from the book The Lightning Thief by Rick Riordan

THE LIGHTNING THIEF IS PRESENTED BY ARRANGEMENT WITH CONCORD THEATRICALS www.concordtheatricals.com

Olympic Viewing – Lunch Time



- Love sports?
- Enjoy cheering on Team Canada?
- Come and enjoy live streaming of the Olympics, at lunch, in room 241
- Bring your friends and lunch
- Open to all students and staff

- Open from February 10th to February 20th



GALAPAGOS TRIP

SPRING BREAK 2027

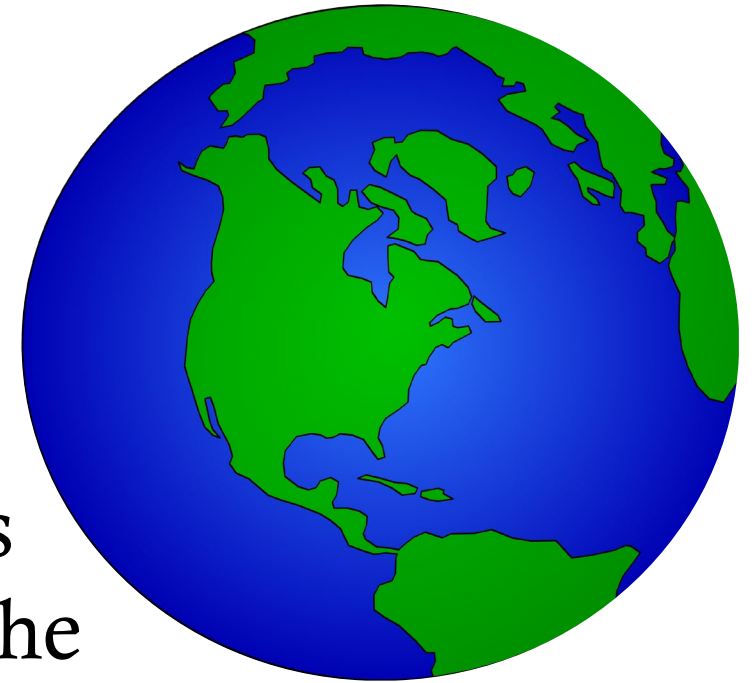
Love travelling, wildlife, outdoors, and learning about new cultures? **This is for you!** This is a once-in-a-lifetime trip to Ecuador and the Galapagos Islands!

There is still time to sign up!

www.eftours.ca/2988675WN

Questions? Please see Ms. Kim in room 303 or send an email to ekim@sd43.bc.ca

INTERNATIONAL STUDENT RENEWALS



This is a reminder for all international students who have not yet completed their renewal for the upcoming enrollment period. The deadline to renew is **March 1, 2026**.

To complete your renewal:

Sign and return the Terms of Agreement to ieapplications@sd43.bc.ca.

Questions?? Please see Ms. A. Lee in Room 244

CLUBS



Aromantic

Aromanticism is when a person **feels little to no romantic attraction**. This does not mean a lack of connection, as friendship and bonding can still be very important. Aromanticism is different than asexuality, as it specifically relates to romantic attraction **rather than physical attraction**. Different people may identify as both asexual and aromantic (**Aroace**), or just one, though it varies.

If you have any questions about the HWSS Pride Club, email us at sstewart@sd43.bc.ca

KODIAK ATHLETICS



Heritage Woods Track Team



Information session this **Friday, February 20th**
at Lunch (Room 109)



Sign up is posted outside the PE office. Please be aware that there are parent volunteers running the team, so checking your emails for communication will be important!



Fill out form ASAP and be prepared for practices and meets to come.

Girls Soccer Tryouts

All female soccer players are invited to tryout for the school team:

Tuesday, Feb. 24 and Thursday, Feb. 26
3:40 on the turf.

See Ms. French for information if needed.



BADMINTON TRYOUTS ★

Coming up next week Badminton Tryouts

- Court shoes + Rackets are required
- Open to junior and senior girls & boys

DATES TBA



CAREER CENTER



CODING VOLUNTEER OPPORTUNITY

- The **elementary Scratch coding class on Saturday** is looking for **high school classroom volunteers for Grade G9 - G10 or up students** to support coding (Scratch and Micro:bit)
- **Program Details: SATURDAYS 2:15 – 4:00 PM**
- **Dates: March 7th – June 6th (No class on March 21, 28, April 4)**
- **Location: Como Lake Middle School**
- This is a wonderful chance for high school students who are interested in **volunteering and working with children**. It will be a rewarding experience for both the high school volunteers and the elementary students they support.
- **If you're a high school student G9-G10 or up interested in Technology and STEM and able to commit to 11 weeks of classroom volunteering, we'd love to hear from you!**
- Volunteers will also receive a **certificate confirming their volunteer hours**.
- Students who are interested can contact us directly at Email: : sd43computers@gmail.com, or Phone / text message: 778 868 4498



Upcoming Events 2026



**April 29
- May 1**

Indigenous Trades Sampler



Get hands-on. Learn trades. Take something home! A 3-day shop experience for Indigenous students in Grades 9–12.

**May 12 &
May 19**

What the L



Ready to start driving? Join our 2-day program with a certified ICBC instructor and gain the knowledge, confidence, and preparation needed to earn your Learner's Permit

May 22

First Aid Course



Build confidence, gain valuable life skills, and earn a recognized certification that prepares you for school, work, and everyday emergencies.

June 3

Skilled Trades Expo



Join us to connect with employers, find job opportunities, and discover programs that can launch your career.

www.sd43.bc.ca/CareerPrograms

Applications on HWSS Career Centre under Opportunities or see Indigenous Youth Worker

SAVE THE DATE



INDIGENOUS STUDENTS IN TRADE SAMPLER

Applications Open: Wednesday February 11, 2026

Applications Due: Wednesday March 11, 2026

FOR QUESTIONS CONTACT: MRINDAHL@SD43.BC.CA



INFORMATION PACKAGE

Program Overview:

SD43 and ACCESS BC have partnered to offer students a 3-day experience where they get to explore different trades including: Carpentry, Welding, and CNC Machining. Students will also get the opportunity to hear from a representative from ACCESS BC to share the opportunities they offer as well as connect their learnings to Indigenous Culture. Students will be provided with breakfast and lunch for all days and will also receive a T-shirt.

Program Expectations:

- Participate in all 3 days
- Arrive on time
- Communicate in advance if any accommodation or learning supports are needed
- Follow all safety guidelines

Safety Information:

- No former trades experience is required
- Basic safety orientation and intro to tools will be provided
- Shop appropriate clothes:
 - Closed to shoes
 - No dangling jewelry
 - Hair tied back

Contact Information:

Program Instructor
Donny Purych
dpurych@sd43.bc.ca

Program Organizer
Madeline Rindahl
mrindahl@sd43.bc.ca

Program Coordinator
Ben King
bking@sd43.bc.ca

Date: April 29th - May 1st

Time: 8:30am - 3:00pm

Location: Port Moody Secondary School

Instructor: Donny Purych

Schedule:

Wednesday April 29

8:30am: Breakfast and Intro

9:00am Morning Session

11:30am Lunch

12:30pm Afternoon Session

3:00pm Students Dismissed

Thursday April 30

8:30am Breakfast

9:00am Morning Session

11:30am Lunch

12:30pm Afternoon Session

3:00pm Students Dismissed

Friday May 1

8:30am Breakfast

9:00am Morning Session

11:30am Lunch & ACCESS BC Presentation

12:30pm Afternoon Session

3:00pm Students Dismissed

**TUESDAY
MAY 12 AND
MAY 19,
2026**

SAVE THE DATE

WHAT THE



Coquitlam School District will be providing students with an opportunity to participate in a 2-day instructional program with an ICBC instructor to better prepare them for their Learners Permit test through ICBC.

- ✔ 2 day program
- ✔ L permit study guide provided
- ✔ Test is already booked. Skip the wait times!
- ✔ Must be 16 by May 19
- ✔ Free lunch!
- ✔ Transportation to ICBC provided

**Ready to get your permit?
Applications open February 11**

Talk to your counselor or go to our website under **certificates** to access the application package.

For questions contact: mwindahl@sd43.bc.ca

Application available on HWSS Career Centre website under Opportunities.
Deadline to apply: March 11
Apply early for best opportunity.



OCCUPATIONAL FIRST AID LEVEL 1 COURSE

SAVE THE DATE
 FRIDAY MAY 22, 2026
 8:30AM - 4:30PM
 LUNCH IS PROVIDED!

OFA Level 1 (Occupational First Aid) is a one-day, WorkSafeBC-recognized course focusing on basic, essential life-saving skills for low-risk workplaces. Participants who successfully complete the course will receive a 3 year certification.

Applications on Career centre website under Opportunities. Do not wait to submit your application as spots will fill up! Deadline to apply May 06, 2026

TRAINING INCLUDES:

- ✓ Assess scene safety
- ✓ Perform CPR
- ✓ Use an AED
- ✓ Treat bleeding and wounds
- ✓ Handle minor burns

COURSE FEE:

Discounted rate of \$95 (typically \$150+)

ELIGIBILITY:

Must be 16 years old at the time of the course

APPLY:

Online or talk to your counselor
Applications are due Wednesday May 6, 2026

ANY QUESTIONS REACH OUT TO MRINDAHL@SD43.BC.CA

**SCHOOL DISTRICT 43 EDUCATION LEARNING CENTRE
 1080 WINSLOW AVE, COQUITLAM, BC V3J 0M6**